

# SAFEGUARDING NEWSLETTER

## FEBRUARY 2026



### OUT AND ABOUT AT HALF TERM

With February half term this month, this issue will look at what to do to *keep safe outside of school*.

### STRANGER DANGER!

The term "stranger danger" is used to warn children about people they don't know, but this can sometimes make children scared of all strangers. It's okay to talk politely to people you don't know, like in a shop, but it's not okay to go off with them or accept lifts or gifts.

Talk to your child about different situations, like what to do if someone offers a lift or help.

Having clear rules and talking about them often helps children feel safe and confident.

### WHAT IF I GET LOST?

Hopefully a child doesn't get lost, but having a conversation about it will help if they do. The main thing is not to panic. When you go somewhere new, make a plan with your child about what to do if you become separated.

- **Identify a meeting place** - this could be the front door, last place you last saw each other, help desk
- **Identify safe adults** - is it someone in a uniform?

### ROAD SAFETY - STOP, LOOK, LISTEN AND THINK!

Teaching children about road safety from a young age is important. Your child may not be crossing the road by themselves yet, but the drip feeding of how to cross a road safely every time you're out and about will help them be safe in the future.

#### Remember the Basics:

- **DONT' RUN, ALWAYS WALK**
- **Always use a crossing if one is available** - Don't be tempted to take a short cut!
- **Never cross the road between parked cars** - Children are shorter than adults and harder for motorists/cyclists to see. Children's own visibility will be reduced too.
- **Put all gadgets/phones away** - Don't be tempted to look at a screen whilst crossing - you need to be fully aware of your surroundings. Adults need to model this too.
- **Take earphones out** - Listen out for traffic as well as look for traffic as well as look for it

**ALWAYS SAFETY FIRST WHEN CROSSING THE ROAD**

## BIKE AND SCOOTER SAFETY

Children are so whizzy on bikes and scooters, they often appear fearless and love to race ahead.

It's important to teach children some basic safety tips to keep them safe when out and about, even if you are with them:

- **HELMETS** - Children should wear helmets to protect their developing brains. You may want your child to wear wrist/knee pads too
- **BE BRIGHT, BE SEEN** - Wear high visibility clothing to ensure other road/path users can see you coming
- **STOP, LOOK, LISTEN, LIVE!** - Know when to stop. Always come to a complete stop at kerbs and walk across the road. Don't cycle or scoot across a road.
- **BE CONSIDERATE** - Think about other path users and beware when crossing.

**REMINDER:** We have a dedicated Safeguarding Team here at Widden Primary so if you ever have any worries, concerns or questions, do feel free to come and speak to one of our members below:

### Safeguarding Team



If you have any concerns about a child's safety or wellbeing,  
please speak to a member of our Safeguarding Team.  
We are here to help and listen.