

SAFEGUARDING NEWSLETTER

JUNE 2026



THIS MONTH WE ARE TALKING ABOUT WHAT'S GOING ON IN THE WORLD AND HOW IT CAN AFFECT THE WAY OUR CHILDREN LOOK AT THE WAY THE WORLD IS GOING.....

TALKING TO CHILDREN ABOUT WHAT'S HAPPENDING IN THE WORLD

Many of the events happening around the world are discussed frequently on the news and on social media. Even if adults try to shield children from it, they often pick up snippets of conversations, headlines or comments from other children. Because of this, children may already have partial information, misunderstandings or worries that they have not shared.

For primary-aged children, it is usually better that the trusted adults in their lives help them make sense of what they are hearing. When parents and carers talk openly and calmly about world events, it helps children feel safe, supported and able to ask questions.

The goal is not to give lots of detail or expose children to distressing information. Instead, it is about helping them understand the basics, reassuring them that they are safe and reminding them that many people are working hard to help.

WHY THESE CONVERSATIONS MATTER!

Talking about world events in a calm and supportive way can help children to:

- feel safe and reassured by hearing information from a trusted adult
- correct misunderstandings they may have picked up from others
- develop emotional awareness by talking about feelings and worries
- build resilience and empathy by learning how people help each other during difficult times

When children are not given opportunities to talk, they sometimes fill in the gaps with their imagination, which can make things feel scarier than they really are.

Top tip: Use Child-Friendly News

If your child is interested in finding out more, it can help to use news sources designed specifically for children. Programmes such as BBC Newsround explain current events in a clear, age appropriate way that avoids unnecessary distress.

HOW PARENTS AND CARERS CAN APPROACH THE CONVERSATION

START BY LISTENING

Ask what your child has already heard. This helps you understand their level of knowledge and whether they are worried about something specific.

KEEP EXPLANATIONS SIMPLE AND FACTUAL

Use clear language and avoid too many details. Answer the question they asked rather than giving long explanations.

OFFER REASSURANCE

Remind children that they are safe and that many adults, leaders, helpers and communities are working to solve problems and keep people safe.

FOCUS ON HELPERS AND POSITIVE ACTIONS

Children find comfort in knowing that people help each other in difficult situations.

FOLLOW YOUR CHILD'S LEAD

Some children will want to ask lots of questions; others may only want a brief explanation. Both responses are normal.

CONVERSATION STARTERS YOU COULD USE

Parents/carers sometimes find it difficult to know how to begin these discussions. The following questions and sentences can help open the door:

1

“Have you heard anyone talking about what’s happening in the news lately?”

2

“What have you heard about what’s going on in the world at the moment?”

3

“How did that make you feel when you heard about it? Do you have any questions about it?”

4

“Sometimes the news can sound a bit scary. If you ever hear something that worries you, you can always talk to me about it.”

5

“There are lots of people working very hard to help others and make things better.”

Safeguarding Team



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If you have any concerns about a child's safety or wellbeing, please speak to a member of our Safeguarding Team. We are here to help and listen.