



6<sup>th</sup> September 2023

**Year 5 - Swimming**

Dear Parents/Carers,

During this term our Year 5 children will be having swimming lessons at GL1. This is a requirement of the National Curriculum. Lessons will begin on Friday 15<sup>th</sup> September during the school day and will take place in the afternoon, children will be back to school by 3.30pm.

**Swimming lessons will run throughout this term excluding half term and then the following term and will finish for Year 5 on Friday 15<sup>th</sup> December 2023.**

Swimming lessons are a compulsory part of your child's education, and we would urge you to make sure that your child does not miss these sessions. The British Isles is littered with waterways, and it is important that all children can swim to safety.

The pool sessions will last for 30 minutes, and children will be taught according to ability. Instructors will be provided by GL1 and are trained to Amateur Swimming Association (ASA) standards. Members of staff from school may well be in the pool too, and alongside, to assist with supervision.

**Children will need to bring the following to school:**

- Swimming costume
- Towel
- Tight bottoms if they wish to cover their legs.
- Hairbrush
- Bathing caps (all children with long hair must have their hair tied back)

**The children will change in single sex changing rooms, provided especially for school groups, which are locked during their session and supervised by our staff.**

**SWIMMING IS FREE AT WIDDEN** and we expect every child to take part every week.

Please talk to your child's class teacher if you have any other queries about swimming.

Yours sincerely,

Mr Dave Hill Headteacher

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